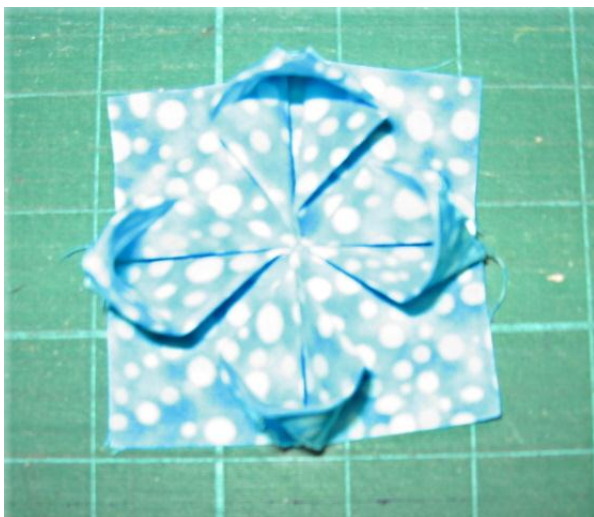


3 D Blocks

Folded Flowers

- The following photos give a visual of the instructions provided by Shirley Feldman & Christie Davidson. The original instructions are from *Fantastic Fabric Folding* by Rebecca Wat, 2000.



Tacked flower ready to add strips for constructing 8 ½" block



Add strips of desired width to edges of flowers. Use ¼" seam and be careful not to catch folded flowers bits. Pinning helps.



Determine layout of flowers. Add additional strips to create the 8 ½" block. Once completed and squared up you may add batting if desired. Machine baste batting to block using 1/8" seam. The points of each petal are hand tacked through both layers. Add a decorative bead, series of beads or button to each flower centre.

★ Cut 2 – 6 ½ x 8 ½ pieces of dark fabric for backing. Press ½ " over on one long edge of each piece. Fold again and press to create a finished hem, stitch. Centre the 2 pieces on top of the block, the pieces will overlap like a slip cover for a cushion. Pin on the sides. Trim the top and bottom fabric on block to even it out with backing. Pin top and bottom to

secure overlap. Stitch $\frac{1}{4}$ " seam all the way around. Trim corners to reduce bulk. Turn block right side out. Poke corners square with a corner tool or poking tool. Press block to ensure edges are crisp and line up. Topstitch $\frac{1}{4}$ " from edge with desired thread.



Shirley's Block

Finished Block $8\frac{1}{2}$ " x $8\frac{1}{2}$ "

Original concept from Christie Davidson 2011