

3 D Blocks

Wave Pleating

Required Items

- ★ Solid fabric for background – 12 strips 1 ¼ " x 10"
- ★ Contrast Fabric A – 11 strips – ¾ " x 10"
- ★ Contrast Fabric B - 11 strips – ¾ " x 10"
- ★ Scrap of thin batting & backing fabric
- ★ Beads – optional

Note – Shirley used a variety of contrasting fabric strips rather than an A & B

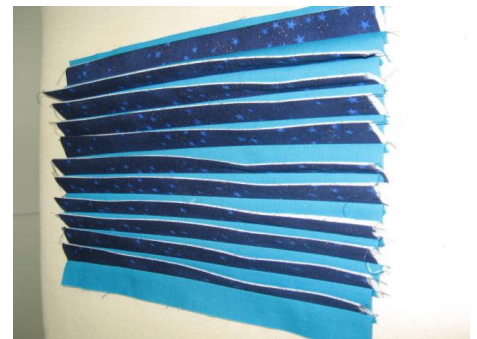
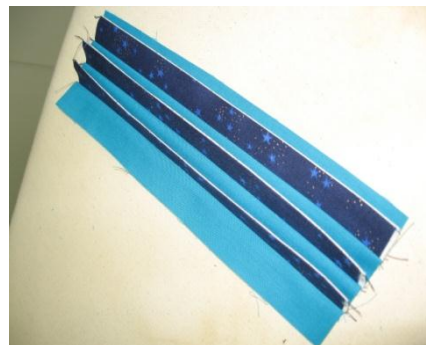
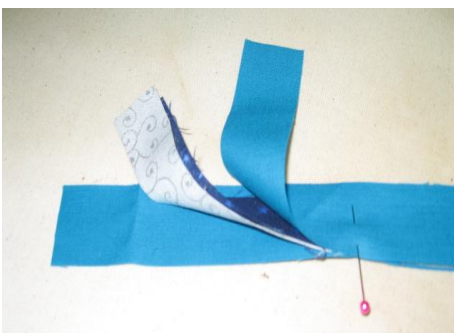
Instructions

- ★ Wrong sides together, sew each strip A to a strip B using a ¼ " seam – press to darker side



- ★ Fold and press to enclose seam

- ★ Sandwich each contrast strip between 2 background strips – pin to secure – repeat 6 times – stitching along open long edges with ¼ " seam



- ★ Press strips open to flatten, alternate with contrast strips and background strips until all are stitched together, with a background stitch at the top and bottom

- ★ Press so all contrast strips go in one direction

- ★ Using a chalk pencil, mark a line across the centre of all rows
- ★ Mark 2 more line 3" from centre line running parallel
- ★ Stitch on the chalk line and the centre line – so all strips are flat
- ★ Turn the strips back and pin each row on the 2 outside panels – stitch each row down – the contrast colour should be showing
- ★ Turn the strips in the opposite direction in the centre, pin and stitch down – creating the wave effect. Trim to 8 ½ " sq



- ★ Cut 2 – 6 ½ x 8 ½ pieces of dark fabric for backing. Press ½ " over on one long edge of each piece. Fold again and press to create a finished hem, stitch. Centre the 2 pieces on top of the block, the pieces will overlap like a slip cover for a cushion. Pin on the sides. Trim the top and bottom fabric on block to even it out with backing. Pin top and bottom to secure overlap. Stitch ¼" seam all the way around. Trim corners to reduce bulk. Turn block right side out. Poke corners square with a corner tool or poking tool. Press block to ensure edges are crisp and line up. Topstitch ¼' from edge with desired thread.



Senora's Block (with beads)



Shirley's Block

Finished Block 8 ½ " x 8 ½ "

Original concept from Christie Davidson 2011