

3 D Blocks

Folded Windows

Required Items

★ 4 ½ " squares of contrasting fabrics (a light & a dark)

- For the each square window – cut one 4 ½ " square background & four 4 ½ " squares for the contrasting window
- For the each elliptical window – cut one 4 ½ " square background & two 4 ½ " squares for the contrasting window

★ Lining – 8 ½ " square of fabric

★ Backing fabric

Instructions for Square Folded Window

★ Fold each of the four contrasting squares in half to form a triangle. Press to form sharp edge. Pin the corners on the folded edge to the ironing board to hold triangle in place. Pull the folded edge toward the point to form a curve, press the curved edge sharply. Repeat for each piece.



★ Lay one pressed triangle on top of background square, lining up the upper right corners. Lay the second triangle on top lining up the upper left corner. Pin the secure edges as you go around. Lay the third triangle to line up with the bottom left corner. Lay the last triangle to line up with the bottom right corner, but tuck the top point under the first triangle. Stitch 1/8 " from outer edge on all four sides to secure pieces.



Instructions for Elliptical Folded Window

★ Fold each of the two contrasting squares in half to form a triangle. Press to form sharp edge. Pin the corners on the folded edge to the ironing board to hold triangle in place. Pull the folded edge toward the point to form a curve, press the curved edge sharply. Repeat for each piece.

★ Lay one pressed triangle on top of background square, lining up one corner. Lay the second triangle on the opposite corner of the background square to create an elliptical window. Stitch along the curved folded edges with matching or decorative thread.



Instructions for Assembling the Block

★ Make the desired combination of four Folded Windows. Four of each or two and two of each will work. Four elliptical windows look like a flower or the essence of mock cathedral windows.

★ Stitch together to make a four patch block. Steam or Best Press make the bulk in the centre layer nicely.

★ If desired, add a layer of lining to block to hide seams

★ Cut 2 – 6 ½ x 8 ½ pieces of dark fabric for backing. Press ½ " over on one long edge of each piece. Fold again and press to create a finished hem, stitch. Centre the 2 pieces on top of the block, the pieces will overlap like a slip cover for a cushion. Pin on the sides. Trim the top and bottom fabric on block to even it out with backing. Pin top and bottom to secure overlap. Stitch ¼" seam all the way around. Trim corners to reduce bulk. Turn block right side out. Poke corners square with a corner tool or poking tool. Press block to ensure edges are crisp and line up. Topstitch ¼' from edge with desired thread.



Finished Block 8 ½ " x 8 ½ "

Original concept from Christie Davidson 2011