

3 D Blocks

Smocking

Required Items

- ★ Solid coloured fabric – 18" x 9"
- ★ Matching Thread
- ★ Chalk pencil
- ★ Scrap of thin batting, backing fabric, lining – optional
- ★ Decorative beads, thread

Instructions

- ★ Draw a line parallel to 9" side 1" from edge – continue drawing parallel lines 1" apart to the other edge – 17 lines



- ★ Fold along lines and press
- ★ Stitch along fold $\frac{1}{4}$ " from fold creating 17 pleats
- ★ With chalk draw a line $\frac{1}{2}$ " from and at a right angle to your pleats – draw another line $1\frac{1}{2}$ " up, continue to the other side – should have $\frac{1}{2}$ " left along edge
- ★ With a straight stitch sew down these lines in the following order:
 - ♥ Row One – fold pleats 1 & 2 towards each other, then 3 & 4 towards each other. Continue to the end. Pin to secure & stitch across
 - ♥ Row Two – fold row 1 up. Then fold pleats 2 & 3 towards each other, then pleats 4 & 5 towards each other. Continue to the end. Pin to secure & stitch across
 - ♥ Continue alternating this way until you reach the other side.



★ Trim to 8 ½ " x 8 ½ "

★ To finish block – either use a decorative thread and stitches to go over previous lines or stitch a bead to each intersection. I did beads. To add weight to the block, I lined it up on a thin square of batting and sewed the beads on through both layers.

★ Cut one 8 ½ " square of background fabric and use as a lining, if desired

★ Cut 2 – 6 ½ x 8 ½ pieces of dark fabric for backing. Press ½ " over on one long edge of each piece. Fold again and press to create a finished hem, stitch. Centre the 2 pieces on top of the block, the pieces will overlap like a slip cover for a cushion. Pin on the sides. Trim the top and bottom fabric on block to even it out with backing. Pin top and bottom to secure overlap. Stitch ¼ " seam all the way around. Trim corners to reduce bulk. Turn block right side out. Poke corners square with a corner tool or poking tool. Press block to ensure edges are crisp and line up. Topstitch ¼ " from edge with desired thread.



Finished Block 8 ½ " x 8 ½ "

Original concept from

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