

Days for Girls Bag Instructions (Abridged)

Fabric choices: 100% quilter's quality cotton or poly/cotton, prewashed

Fabric guidelines to remember:

Appealing colors, with patterns that help hide stains. Botanical, geometric, batik, etc. patterns are best. Drawstring bags may be lighter colored fabrics than what is used for the shields. Avoid really light white backgrounds that will quickly become soiled.

No prints with a face/eyes (animals, fish, people, etc.)

No insects or snakes (butterflies and ladybugs without face/eyes are okay)

No Camouflage / Guns / Hunting

No solid saffron yellow fabric (the color of Monk's robes), yellow in patterns is okay

No fabric with suggestive words

No Cartoon / TV / Pop Culture / National flags / Words / Glam

Cut Fabric sizes:

Width minimum:	12"	Max:	13"
Length minimum:	30"	Max:	32"

Assembly:

1. Finish all four edges by either serging or zig zagging with matching, complimentary or white thread.
2. Fold both short raw edges under $\frac{1}{4}$ " and press. Fold again another $1\frac{1}{4}$ " and press. DO NOT SEW.
3. Mark a point on each side seam 1" below bottom of casing.
4. Using **polyester thread, 2.5mm stitch length** and a **$\frac{3}{8}$ " seam**, stitch the side seams below the marked point, backstitching at each end of the seam.
5. Press the unsewn seam at the top of the bag open to match the sewn seams. Starting at the top of the bag, stitch the seam allowance down, pivot at the top of the sewn seam and sew across. Backstitch across the seams and then continue up the other seam allowance to the top of the bag.
6. Stitch across the bottom of the pressed casing, close to the fold, again backstitching at each end of the seams. The two casings should be sewn individually. Press the bag flat.
7. Cut two pieces of $\frac{1}{2}$ to $\frac{5}{8}$ " wide twill tape or gross grain ribbon at 38 – 40". Thread thru the casings: start at one side, thru the casing and around thru the back casing. Tie the ends together. Repeat starting at the other side.
8. Press the bag.
9. Finished minimum size: $10\frac{1}{2}$ to 12" wide and $12\frac{1}{2}$ to 14" tall.