

MICROWAVE FABRIC BOWLS

Requirements: ****100% Cotton Fabric, 100% Cotton Thread, 100% Cotton Batting****

Fabric bowl can be made in assorted sizes. You can make it to fit a particular size ramekin, soup bowl, etc. by taking one simple measurement. Measure from the lip of your bowl, down the side, across the bottom and up the opposite side to the lip of the bowl. This is your measurement to cut the fabric. Typical size is approximately 10".

1. Based on your own measurements cut 2 squares of cotton fabric and 2 squares of cotton batting. *For your fabric squares, you could use orphan blocks or sew scraps together.
2. Make 2 sandwiches – each with 1 piece of fabric (face up) and 1 piece of batting. Sew an X from corner to corner on each sandwich using cotton thread and whatever stitch you like – straight or decorative. Good place to try out your machine's fancy stitches! You can even practice your free motion quilting, but don't make it too dense as you'd like your bowl to have a nice loft.
3. Fold 1 sandwich in half and mark 2 darts, one on each side – 1 inch in from the fold and 2 inches down at the fold – sew a line from point to point creating your dart. Once those 2 darts are sewn, open the "bowl" and fold in half the other way, mark and sew 2 more darts. Repeat for other sandwich. You should have 4 darts on each sandwich at the middle of each side. Trim across the fold of your dart to remove the excess fabric and batting. *On fabric sandwiches 10 inches or larger I usually mark the dart 2 ¼ to 2 ½ inches long (instead of 2).
4. Place your 2 bowls right sides together and sew a ¼ inch seam around the outer edge leaving an opening on one side large enough to turn right side out – about 3 inches. Trim your corners. *Before sewing, you can trim to round your corners slightly to make sewing and turning easier.
5. Turn your bowl right side out, press edges to flatten and either hand stitch the opening or topstitch all around your bowl 1/8 inch from edge closing the opening as you stitch.

Place your bowl of soup, leftovers, etc. in your fabric bowl and microwave to reheat. To remove, grasp opposite corners of fabric bowl and lift out of microwave.

**** Do not heat for more than 2 minutes at a time!!**

**** Fabric bowl is washable.**