Placement of strap
(optional)

Gilda's Club Helping Hands

Comfort Heart
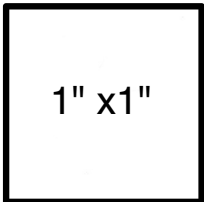
Pillow Pattern

Cut **1** for **Front** of pillow

Cut **2** for inside **Stuffed** pillow

(# **1** of 3 pieces)

F
O
L
D

F
A
B
R
I
C

1" x1"

#1

Gilda's Club Helping Hands

Comfort Heart

Pillow Pattern

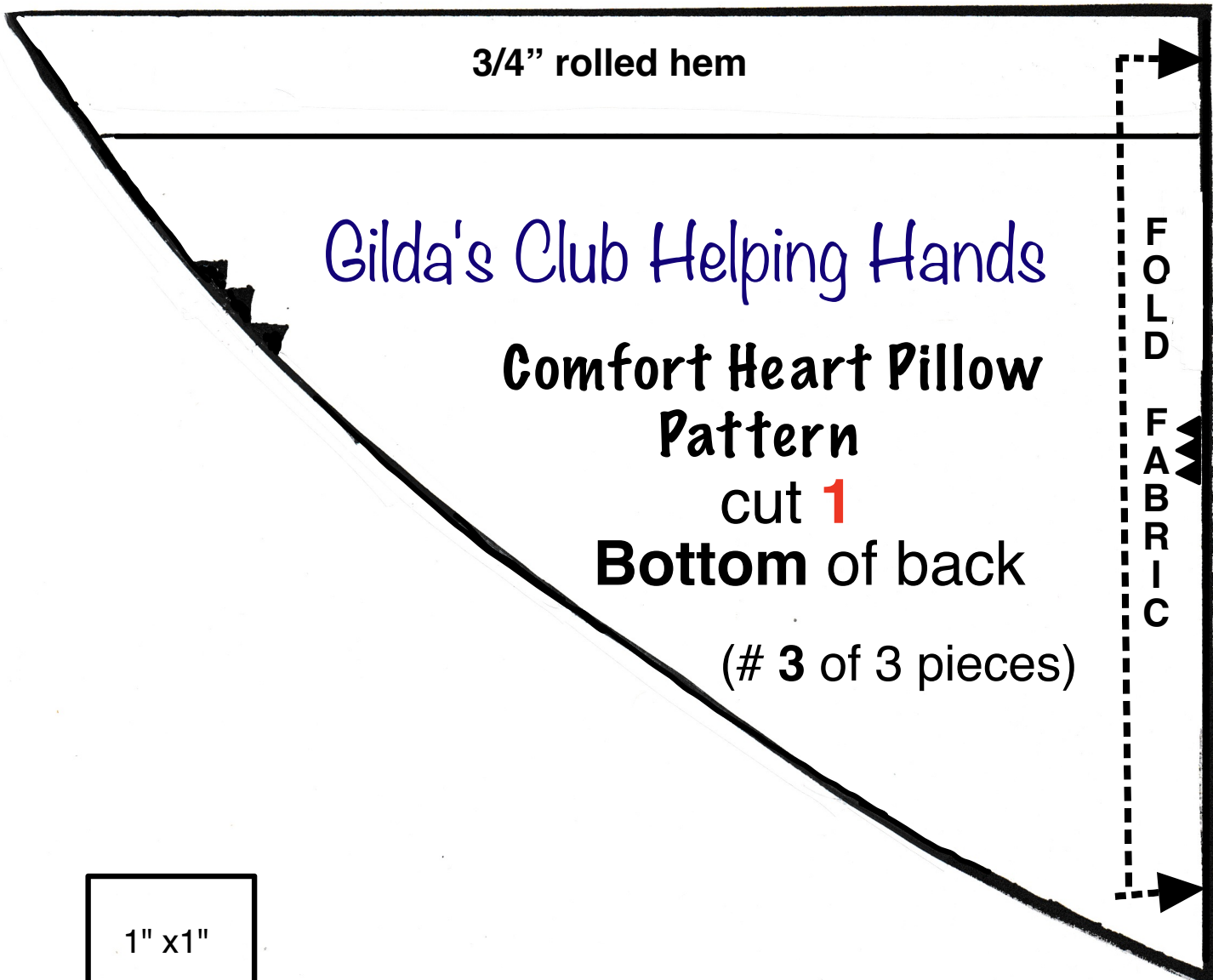## cut **1** for
Top of back

(# **2** of 3 pieces)

FOLD FABRIC

3/4" rolled hem

1" x1"

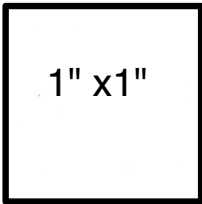Oct 26/22 #2

3/4" rolled hem

Gilda's Club Helping Hands

Comfort Heart Pillow Pattern
cut 1
Bottom of back

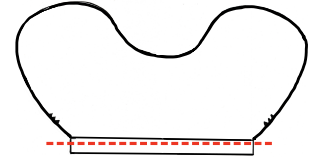(# **3** of 3 pieces)

FOLD FABRIC

1" x1"

3

Oct 26 22

Heart Pillow

Pillowcase

- Cut the 3 pieces (#1-2-3)
- Open & fold roll hem edge of #2 (twice)
- Sew across.
- Repeat for #3

- Place # 1 face up
- Place #2 on top of #1 with (*RST)
- Place #3 face down on top of #1 & #2
- Sew around (all pieces together)
- Clip curves around heart
- Turn inside out and press

Pillow

- Cut 2 #1 piece (cut ⅛" larger)
- Sew together leaving an opening for stuffing
- Stuff and sew across opening
- Place inside pillow case

Strap

- Cut 3" X 18"
- Fold in half and press
- Open and fold sides to half
- Sew around edge of strap
- Before sewing around heart pillowcase place strap end
- between #1 and 2 with strap inside.

* R ST = right sides together

> **Notes**
>
> 14½" x wof
>   for all pieces on fold
> 12" x wof if #3
> is in haft with
> ¼" extra on fold line

Jackie/Oct 22